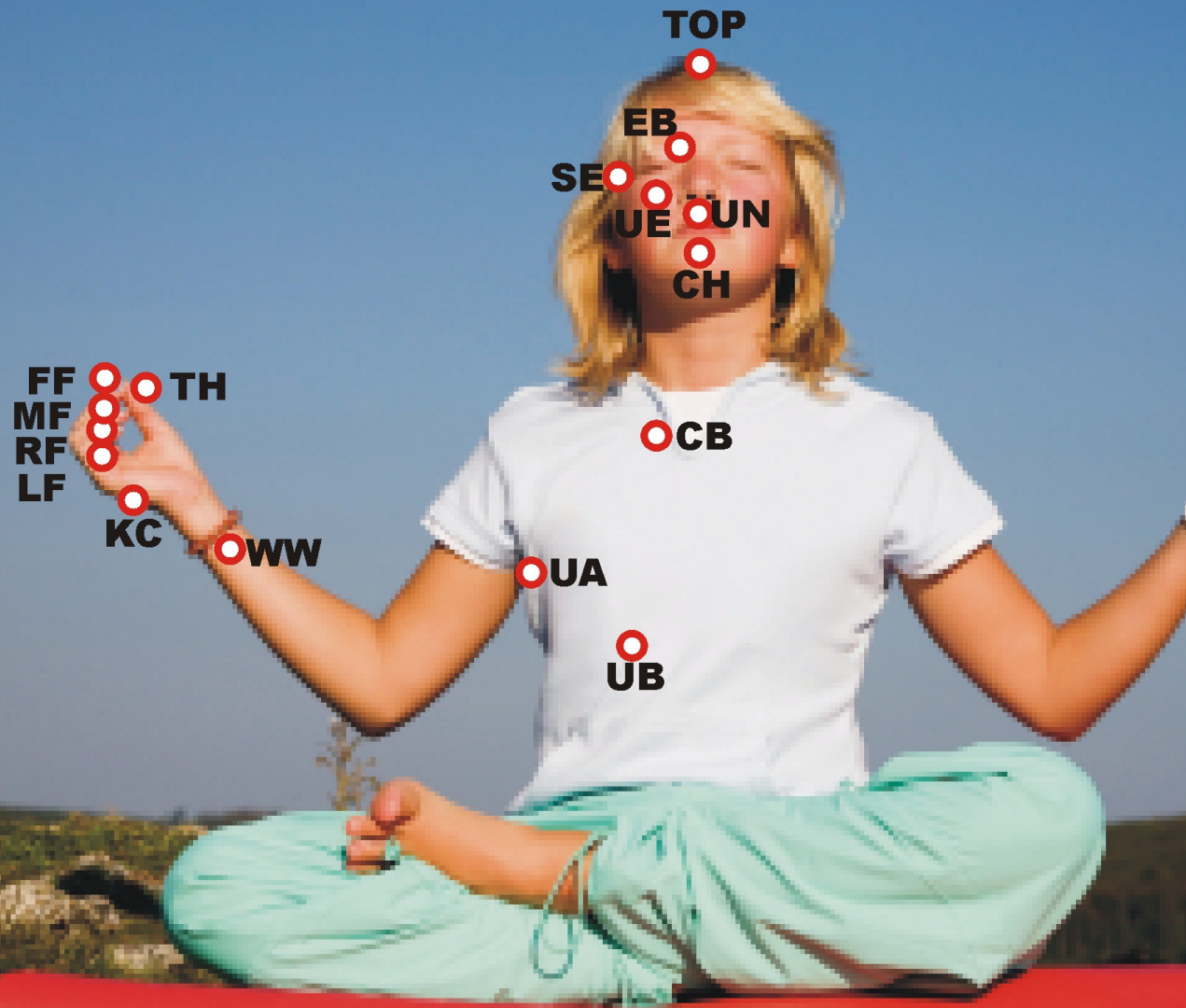


Spiritual EFT Tapping Points



- TOP** = Top of Head
- EB** = Eye Brow
- SE** = Side of Eye
- UE** = Under Eye
- UN** = Under Nose
- CH** = Chin
- CB** = Collar Bone
- UA** = Under Arm
- UB** = Under Breast
- WW** = Wrist back + front
- TH** = Thumb
- FF** = First Finger
- MF** = Middle Finger
- RF** = Ring Finger
- LF** = Little Finger
- KC** = Karate Chop point

Note that these points differ slightly from the EFT Manual where UB & FF & LF = BN & IF & BF, and TOP, RF and WW are not used.